Chamber CHATTER





"The Voice for Business & Community"

August 2023 | Vol. 22, No. 8

-Chamber News



Congratulations to all the 2023 MONTEVALLO COMMUNITY AWARDS recipients! back row (Itor) Ken Jones, Civic Leader of the Year; Aaron Mahaney representing the UM Swim Team, Montevallo Boys & Girls Club Partner of the Year; Ronnie Holsombeck, UM Good Neighbor; Kirk Hamby representing Public Works, Montevallo Main Street Magic Maker; Shawn Payne/ Alfa, Business Hall of Fame; front row (Itor) Brooke McKinley representing Jim Hicks, Shelby Emergency Assistance Volunteer of the Year; Kristi Hall/ Rockco Funeral Home, Business Hall of Fame; Jacqueline "Penny" Chappell, Citizen of the Year; Dr. Bobby Shunnarah, Montevallo Arts Collaborative Patron of the Arts; Adele Nelson representing Montevallo McDonald's, Business Hall of Fame. "An Evening of Shining Light on our Stars in Montevallo"



SPONSORED BY LUCKY'S FOODLAND



1st TUESDAY IMPACT MONTEVALLO COALITION VIRTUAL MEETING

9:00am / email- impactmontevallo@gmail.com for link

TAKE A STAND "POWER UP" YOUR KNOWLEDGE

Home Health Vs. Hospice Services 1pm / Elder Justice Center of Alabama / 205-490-8448 or rjames@m4a.org

2nd WEDNESDAY

BACK to SCHOOL DRIVE-THRU

4-6pm / Shelby Emergency Assistance Contact Cindy at 205-665-1942 or cindy@shelbyemergencyassistance.com to donate or to register to receive supplies

7th MONDAY

MONTEVALLO FARMERS' MARKET

Observing National Farmers Market Week 3-6pm, Behind Montevallo First Baptist Church Petting Zoo, Kids' Activities, Frios, Food Truck, and Market Vendor Specials

10th THURSDAY FIRST DAY OF SCHOOL Shelby County

14th MONDAY **MONTEVALLO FARMERS' MARKET** 3-6pm, Behind Montevallo First Baptist Church

16th WEDNESDAY MONTEVALLO CHAMBER LUNCHEON

"State Legislator Update "Guest Speaker -Russell Bedsole, State Rep. D49 / Parnell Library with networking at 11:30am and lunch at noon \$15. ea. RSVP by Mon Aug 14 to 205-665-1519 or montevallochamber@gmail.com Catered by Southern Sweets

18th-20th FRI, SAT & SUN UM MOVE-IN DAYS

20th SUNDAY JUST SHOW UP SHOW

4pm / Pecan Grove on Island St, Orr Park NO TICKET NO CALLER #9 JUST SHOW UP

21st MONDAY **MONTEVALLO FARMERS' MARKET** 3-6pm, Behind Montevallo First Baptist Church (last Market for 2023 season)

UM FIRST DAY OF CLASSES - FALL SEMESTER

26th SATURDAY SHELBY EMERGENCY ASSISTANCE 50th ANNIVERSARY GALA 6pm / American Village /

shelbyemergencyassistance.org/gala or 205-665-1942 to sponsor or purchase ticket/s

Need Volunteers to hand out food !! Thursday Aug. 24 and Sept 28 Arrival 8am at Boys & Girls Club Parking lot , 420 Vine St.



PLATINUM LEVEL CITY OF MONTEVALLO MONTEVALLO INDUSTRIAL DEVELOPMENT BOARD

> **GOLD LEVEL** MONTEVALLO FAMILY DENTISTRY SLICE PIZZA & BREW TRUSTMARK BANK UNIVERSITY OF MONTEVALLO

SILVER LEVEL

ALABAMA POWER ALFA - SHAWN PAYNE / MONTEVALLO BRADFORD REAL ESTATE GROUP DIXIE DECORATIONS HEALTH SERVICES, INC. REGIONS BANK ROCKCO FUNERAL HOME TEAM LEHMAN

For additional information about how to become a Chamber Business Partner contact Chamber Director Adele Nelson (205) 665-1519

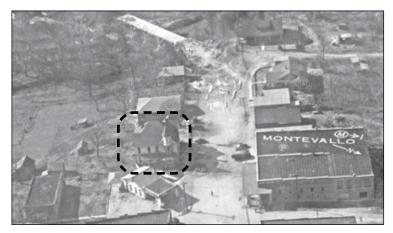




VICTORIAN HOMES

by Clay Nordan Vice-president, Montevallo Historical Society

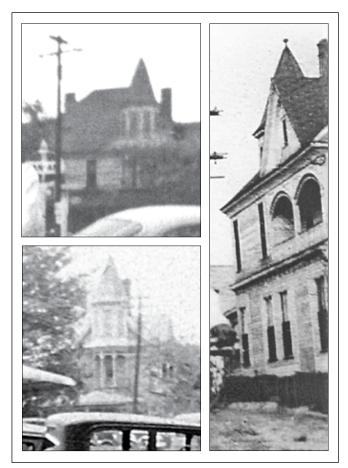
Well into the 1950's Montevallo had a number of large, two and three-story Victorian-style houses along Main Street as well as in the surrounding neighborhoods and on the college campus. Only a few remain in town for us to appreciate and admire today.



An aerial photo from 1934 over the intersection of Shelby and Main Streets shows where a two story Victorian home once stood. Just below the house at the corner was a Pan Am service station that continued to operate as an AMOCO / American station well into the 1970s.



The University of Montevallo now uses the restored "Queen Anne" style Peterson House on Middle Street for Administrative offices.



These grainy photos show a large Victorian house that stood on Main Street opposite today's City Hall. The house was torn down in the 1950's to make way for a used car lot for the Montevallo Motor Company dealership across the street.



The McKibbon house (still there on E. Boundary) is quite similar architecturally to the Victorian that was on Main Street.

Veterans Wreaths will be laid this year at Montevallo City Cemetery on December 16, 2023. Order your wreaths now for \$17 each at WWW.HISTORICMONTEVALLO.ORG



JOIN TODAY! Download Application at www.historicmontevallo.org P.O. Box 411 • Montevallo, AL 35115 montevallo1817@gmail.com

MONTEVALLO MAIN STREET MEMORIES is adapted from the series, THROWBACK THURSDAY, a **Montevallo Historical Society** and **Monteval-Io Main Street** partnership started in 2018. Each installment revisits commercial and residential life on Main Street and in the downtown area in the early to mid-twentieth century. The series remains available online and may be viewed at **www.historicmontevallo.org** under "Local History".

SAFETY-SPOT

CAMPUS FIRE SAFETY

College Students in a fire-safe environment

- Learn your dwellings' evacuation plan and practice
- Know where the fire alarm is located
- When fire alarm sounds get out and stay out

- Check the rules before using electrical devices in your room

- Never leave cooking unattended or cook while sleepy or drowsy.

- Only burn candles with permission. Never leave a candle unattended

FACT - Dorm fires are more common during the hours of 5-11pm and on weekends.



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BACK TO SCHOOL

SET UP A DAILY ROUTINE

CREATING A DAILY ROUTINE CAN HELP US FEEL MORE IN CONTROL OF THE DAY, AND ALLOW US TO MAKE ROOM FOR ALL THAT NEEDS TO BE ACCOMPLISHED.

REDUCE SCREEN TIME

REDUCING SCREEN TIME CAN IMPROVE SLEEP PATTERNS AND INCREASE ATTENTION.

HAVE MEANINGFUL CONVERSATIONS

ENCOURAGE OPEN DIALOGUE DAILY REGARDING ACTIVITIES, FRIENDS, AND INTERESTS. MODEL GOOD COPING SKILLS AND SET EXPECTATIONS FOR BEHAVIORS. KIDS ARE MORE LIKELY TO LISTEN WHEN THEY FEEL HEARD & KNOW THEY HAVE SOMEONE WHO CARES.







(Itor) FM Jackson Chance, Lt Matt Rush, and FF Gabe Haynie. Not pictured FF Eric McDanal

Congratulations to Lt Matt Rush, FM Jackson Chance, FF Gabe Haynie, and FF Eric McDanal for successful completion of the Summer Recruit School Bridge!

LT Rush has over two decades of experience in the fire and EMS service. He also serves as our EMS Director as well as Deputy Chief at Southeast Shelby Rescue.

FM Chance has eight years of experience in the fire and EMS service. He is also a Flight Nurse as well as Assistant Chief at Brierfield Volunteer Fire & Rescue.

FF Gabe Haynie has two years of experience in the Montevallo Explorer Program and is now a member of our department as well as Brieffield Fire.

FF Eric McDanal has been in the fire and EMS service for two years starting out at Englewood Hulls Volunteer Fire Department. He is also currently attending class to become an EMT-Basic. He enrolled in our 160 23-1 class earlier this year and later joined our department.

Want to start a business? Sign up for CO.STARTERS

Presented by Montevallo Main Street

Our Fall 2023 cohort will meet in-person at the University of Montevallo Michael E. Stephens College of Business, Stephens Hall classroom 212. Classes will be held every week on Tuesdays from 6-9 PM from August 22 -October 17, with a celebration October 24.

Limited space is available. We are offering an introductory course fee of \$99 per entrepreneur.

9-week fall course starts Aug. 22!





Beth & Sean Hilty 2022 Graduates Alabama Custom Trailer & RV



"The Voice for Business & Community"

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DR. AMIEE MELLON NAMED DEAN OF STEPHENS COLLEGE OF BUSINESS

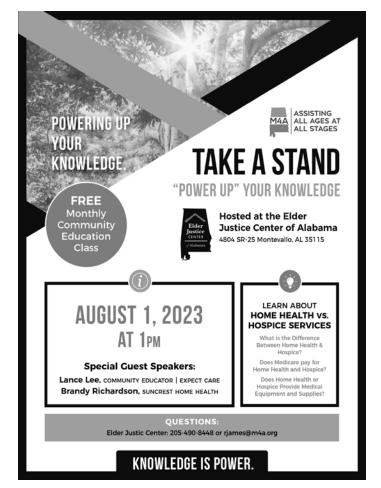
Dr. Amiee Mellon, associate professor of marketing at the University of Montevallo, has been promoted to Dean of the Michael E. Stephens College of Business. Mellon has served as interim dean of the college since July 2021 and has developed and co-developed multiple new concentrations and minors. She is heavily involved in the community and has worked to foster experiential learning techniques in the college.

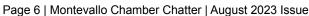
"I'm honored and excited to lead the Stephens College of Business," Mellon said. "As a first-generation college student, I reflect on my time as a student and look to put myself in the position of our students — what might be holding them back and what they need to be successful."

Mellon has been at UM since 2014, serving as assistant professor of marketing before being promoted to associate professor in 2020. She has served as department chair since 2019.

"Dr. Mellon has a clear and inspired vision for the Michael E. Stephens College of Business," said Dr. Courtney Bentley, provost and senior vice president for academic affairs. "We're delighted to have her in this role as the University of Montevallo continues to focus on growth and innovations for teaching and learning."

In 2016, Mellon received the Marketing Management Association Meritorious Teaching Award. She is also active







in research, having published in journals such as Journal of Business Research and the International Journal of Teaching and Learning in Higher Education. She currently serves as a reviewer for several academic journals, including Journal of Marketing Theory and Practice and Journal of Business Ethics.

AMIEE MELLON

Mellon currently serves on the board of directors for the Shelby County Chamber of Commerce, where she is vice chair of community and career development, and has served on the board of directors for the Montevallo Chamber of Commerce in the past. She also serves on the board of directors for Shelby Emergency Assistance. In 2020, she successfully completed Leadership Shelby County as a representative of the University of Montevallo.

Before coming to UM, Mellon worked as a practitioner with advertising agencies. For more than five years, she served as an account executive on many multi-milliondollar accounts. Some of her former clients include Cox Communications of Hampton Roads and Checkered Flag Auto Group.

"As a previous employee in 'corporate America,' I want to ensure our students are prepared for the changing environment and equipped with the proper toolkit to meet and exceed expectations in both hard and soft skills," Mellon said.





Everybody's stories matter. It's not just a matter of nostalgia, it powers us into the present and the future. Barack Obama

A CALL TO ACTION!

We are looking for citizen volunteers to help tell the story of an important historic site in Montevallo, the "little school" on Island Street. This two-room wooden schoolhouse, which opened around 1924, was the first public school for Black

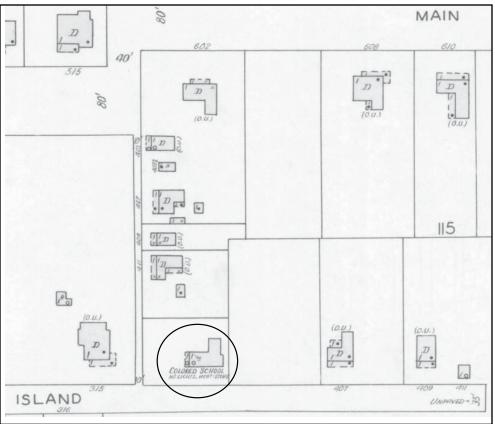
children in Montevallo. It stood at the corner of Island and Bloch "alley" in a mostly Black community then known as Jacksonville. Black youngsters went to school there until 1939, when the county opened Almont Elementary School.

The schoolhouse also served as a community center for Jacksonville residents, used for meetings, concerts, and other events.

After its closure the schoolhouse fell into neglect. It got new life, however, in the late 1940s, when a Jacksonville family, forced by the city to give up their house on Main Street to make way for a public housing project. bought the property, fixed it up, and added seven rooms. It became the family dwelling first of O. C. and Mary Eliza Brazier Mink Cunningham and then their daughter Onnie Dell Fluker. Ms. Fluker had been a student at the "little school," as she affectionately called it, and she raised her son Franklin in that house. It is now occupied by her grandson, Rance Gaddis, and his family. Mr. her year at the little wooden schoolhouse. Now is the time to preserve her story and other stories about the Jacksonville community.

In fall of 2022 Mayor Rusty Nix and the city council voted to fund the proposed Montevallo African American Heritage Trail. Hurrah for that! The Trail is intended to promote awareness of the contributions of people of color to our town's history and to honor African American experience in Montevallo. At present the Trail is a glorious possibility. It will take the actions of us, the citizens, to make the dream of a Heritage Trail come true.

What better place to start than the little school in Jacksonville that in the 1920s and 1930s inspired young Black children with a passion for learning and teaching?



Detail of the Sanborn 1933 Fire Insurance Map showing the "Colored School" and part of the surrounding Jacksonville residential area.

Gaddis has expressed support for a marker that would honor his grandmother, the schoolhouse, and the vanished Jacksonville community.

So, this is our call to action. We want to see people of all ages, colors, and backgrounds working together to bring a historic marker to the site of the "little school." This could involve a number of activities, from fund-raising to awareness-raising to raising up those who learned and taught at the school nearly a century ago. One student, Kathlyn Lathion, recently celebrated her 90th birthday. She still remembers

To stay informed about the community effort to honor the "little school," email MontevalloLegacy@gmail.com by August 15. You will be placed on a mailing list and invited to an interest meeting in Sept. Submitted by Kathy King and Anitka Stewart Sims on behalf of the Montevallo Legacy Project.



CITY OF MONTEVALLO NEWS *Mayor's Message*...

Hello, citizens of Montevallo. I hope everyone is well and staying cool. Just a quick reminder about staying safe in the Alabama heat. The summertime heat index is hanging around 100 degrees and it is important to remember to stay hydrated when you are working or playing outdoors.



RUSTY NIX, MAYOR

The Montevallo Farmers' Market is still in full swing and experiencing record crowds. Come out every Monday from 3-6 pm thru August 21st and pick up some fresh produce to cook and enjoy with your family. The Farmers' Market is located in the parking lot of Montevallo First Baptist Church.

As usual, the 4th of July celebration at the American Village was a big hit. There was an estimated crowd of over 6,000 people for the all-day event. The nighttime fireworks show didn't disappoint either. Thanks to everyone involved for putting on this event. I'm looking forward to next year's celebration.

Music at Owl's Cove Park will come to an end on July 28th. Cecil Shield will be on stage for the final performance of the year. Music starts at 6:30 pm and runs to 8:30 pm. Plan to bring your lawn chairs or a blanket and come out for some great family friendly entertainment. Be sure to eat at one of our local restaurants or bring your dinner with you. I hope to see you there.

We have two of the four electric vehicle charging stations up and running. The two that are operational are located beside the new City Hall Annex. The remaining two will be located on the corner of Wadsworth Street and Valley Street. People can charge their vehicles while they shop and dine in our downtown. Construction on Wadsworth Street should start in a few weeks. This will create about 16 new parking places.

On Sunday August 20, 2023, Island Street (Pecan Grove) will be closed from 10am to 10pm for the "Just Show Up Show" concert. The concert will start at 4pm and feature live performances from Charlie on a Friday, lovelytheband, Easton Corbin, Kylie Morgan, and Frank Ray. No tickets are necessary. Just show up. Special thanks to Bobby Shunnarah, The University of Montevallo, Whataburger, 102.5 the Bull, and 103.7Q for sponsoring this event. It will draw approximately 2,000 people to our town.

The Tinglewood Festival with Cars by the Creek event is fast approaching. The event is scheduled for September 9th, 2023. Sound, Smoke, and Shavings will be in Orr Park on that day. Come out and purchase products produced by Master Wood Craftsmen or bid on chainsaw carvings. This event always draws around 6,000 people to Montevallo.

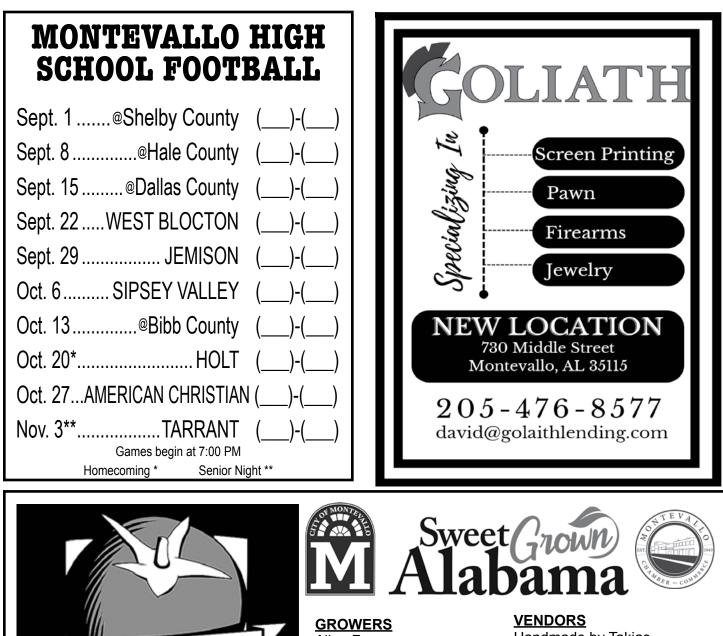
The city is moving forward with the plans for a hotel on Main Street. The Victory Building will be demolished and the debris hauled away as soon as a contract is signed with Cobblestone Inns and Suites. This proposed project will be an over nine million dollar development funded from outside investors. The hotel will bring thousands of tax dollars to the city of Montevallo, generate new business interests in the Historic Downtown District and bring positive economic growth to the city.

Remember to Shop Montevallo first. Business owners have invested in our town so please give them your support. Sales tax revenue is earned when you shop Montevallo and those dollars benefit the community. As always, thank you for the opportunity to serve as your mayor.



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[&]quot;The Voice for Business & Community"





MONDAYS 3-6 PM JUNE 5 – AUG. 21 GROWERS Allen Farms B & S Farms C & J Farms Calfee Cattle Caver's Farm Connor Specialty Farm Pierce Farms

<u>INFO</u>

Smith Farms

AL Partners for Clean Air Parnell Memorial Library

ORGANIZATIONS MMS Football

LOCATION OF MARKET 660 MAIN ST behind Montevallo First Baptist Handmade by Takias Lena Mae Bakery M & M Lemonade Stand Next Journey Bake Shop Skull Girl Soaps & Candles UltiMutt Valley Cottage Flowers

SPONSORS

Afa - Shawn Payne Health Services, Inc. Montevallo Family Health Center M4A Elder Justice Center Alabama SHIP Montevallo First Baptist Church The Type Shop University of Montevallo

RELEASE THE HOUNDS! Submitted by Team Lehman

The Dog Days of summer are here, stretching from July 3rd to August 11th.

We've all heard of them, but what the heck are they?

For many, the "dog days," evoke those summer days that are so devastatingly hot that even dogs would lie around on the asphalt, panting. Well, historically, the ancients noticed that between early July and mid -August, one of the brightest stars, Sirius, rose alongside the sun. But originally, the phrase had nothing to do with dogs, or even with the lazy days of summer. Instead, the dog days refer to Sirius, the brightest star in the constellation Canis Major, which means "big dog" in Latin and is said to represent one of Orion's hunting dogs.

These days are the hottest of the summer, so be sure to get your home ready and adapt to the heat:

Clean your AC filters and set your thermostat so your house stays at a constant temperature—a fluctuating thermostat uses a lot more energy.

Check your windows to make sure the seals are tight. Consider using plastic seal over your windowpanes, and close off A/C vents in seldom-used rooms.



Other ways to beat the heat:

- Take a dip in the local pool.
- Take the kids to a water park
- · Slake your thirst with a frozen summer drink.
- Go to an evening baseball game

While you're battling the dog days of summer be sure to check out Team Lehman's workshop for all your real estate needs! We'll expertly stage your house when you decide to sell it, and we'll find you the perfect new forever home for you, your loved ones and a certain yearly visitor everyone looks forward to visits from. Drop by our workshop at 620 Vine Street to see Susan and all her elves hard at work, give us a call at (205) 542-4011 or send us an email at susan@ team-lehman.com.



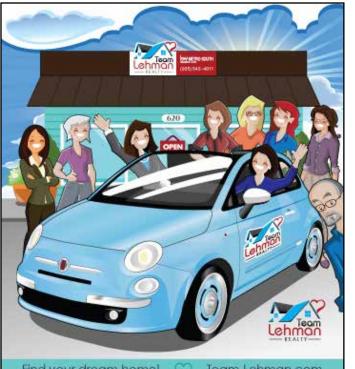
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Friday & Saturday 11 a.m.-10 p.m. Kitchen / 11 p.m. Bar



Daily Specials







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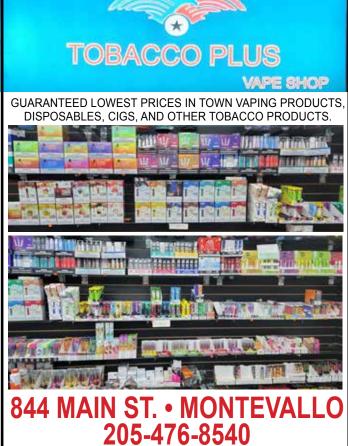


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"The Voice for Business & Community"

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PRESENTED BY

BOBBY F.

JNNARAH



#JUSTSHOWUPSHOW



NO TICKETS. NO CALLER #9. JUST SHOW UP.

AUGUST 20TH • 4PM ORR PARK, MONTEVALLO





Cahaba Critters, Food Truck, Vendor Specials, Kids' Activities, & Frios

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WEEK

CHAMBER BUSINESS HALL OF FAME

Rockco has been in Montevallo for 60 years

Montevallo McDonald's has been around for 27 years

In 1996 JeRoe's Deli was torn down to make way for a McDonald's on Main St in Montevallo.

Black Family Restaurants Jason Black took over in December of 2013. In those 10 years the annual sales have almost Black Family doubled. Restaurants loves being a part of the Montevallo community. The Montevallo community has welcomed McDonald's with open arms and they hope the customers have seen improvements over the years.



As a company Black Family Restaurants believe in supporting the community that supports them. Montevallo McDonald's gives locally through food and donations to nonprofits, schools, churches, etc.. They give locally and nationally through The Ronald McDonald House. And gives globally through their bottled water sales from which is donated to Neverthirst. Thank you for your support. Black Family Restaurants looks forward to serving Montevallo for many years to come.

The Chamber is honored to name Montevallo McDonald's as a Montevallo Chamber Business Hall of Fame inductee, Class of 2023.

Alfa Insurance office has been in Montevallo for 19 years !



(Itor) Adele Nelson and Shawn Payne

With the new construction of the Montevallo Plaza in 2004, the Alfa Insurance office was established. In August 2014, Shawn Payne assumed the role of Alfa Agent at the Montevallo office.

Shawn is a 1998 graduate of Thompson High School, and a 2003 Graduate of The University of Alabama with a B.A. degree, Political Science major & Philosophy minor.



(1tor) Elizabeth Biel, Kristi Hall and Adele Nelson

Starting in January 1963, Gordon Hoffman, a graduate of John A. Gupton School of Mortuary Science in Nashville, Tennessee—moved from Citronelle, Alabama to Montevallo. At that time, he remodeled a house on Main Street, opening it as Hoffman Funeral Home. In 1965, Gordon died as his sonin-law Billy G. Rockco was attending John A. Gupton School of Mortuary Science. Following his graduation, Billy resumed the business, changing the name to Hoffman-Rockco Funeral Home.

A few years later in 1968, the construction of a new facility began on Hwy 25 South. Over the years, the faculty has been remodeled twice and is currently known as Rockco Funeral Home.

In 1998, Billy retired after a long career dedicated to serving the community.

Today, Rockco Funeral Home is under the leadership of Kristi Hall, as a member of the Dignity Memorial network of funeral, cremation and cemetery providers. The Rockco staff is a huge supporter of the Montevallo Community.

The Chamber is honored to name Rockco Funeral Home as a Montevallo Chamber Business Hall of Fame inductee, Class of 2023.

In September 2005, Shawn got licensed to sell Life and Health Insurance where he began his insurance career brokering Health Insurance policies as an independent insurance agent.

In 2014 Shawn obtained his Property and Casualty Insurance license and began his career with Alfa Insurance.

Since assuming the Agency in Montevallo, Shawn has won numerous awards for his outstanding achievements in life and property/casualty Insurance sales.

Shawn has been blessed to be able to serve the people of the Montevallo community for over 9 years now and considers his clients to be more than just that, "they are extended family". His office takes pride in servicing the insurance needs of the people and families within the community by putting customer service at the forefront of what they do day in and day out.

"Thank you Montevallo for having me as your Agent"

The Chamber is honored to name Alfa Insurance, Shawn Payne as a Montevallo Chamber Business Hall of Fame inductee, Class of 2023.

CITIZEN OF THE YEAR AWARD



(Itor) Jacqueline Chappell and Adele Nelson

As the last award to be announced at the 2023 Montevallo Community Awards, emcee, Bill Lawson started the presentation like this - "This year's Citizen of the Year has been a lifelong resident of Montevallo while raising a family, one of the first black students to integrate Montevallo Elementary School, 1978 Graduate of Montevallo High School, dedicated 29 Years to Montevallo Middle School as a Paraprofessional with the Special Education Dept., diligent member at Shiloh Missionary Baptist Church and President of the Board of Trustees, previous Montevallo business owner (Lucky Penny Boutique), active member of the Montevallo Chamber of Commerce Board of Directors , engaged member of the Montevallo Main Street Board with countless volunteer efforts for numerous organization throughout the city!

Only one person and one person only can fit this description and as her Daddy said "she is worth every Penny" !

The 2023 Montevallo Community Awards Citizen of the Year recipient is Jacqueline "Penny" Chappell "

MAGIC MAKER AWARD



(Itor) Ken Lewis, Kirk Hamby, and Shane Dunaway

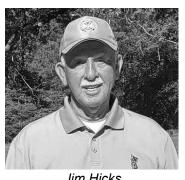
At Montevallo Community Awards, hosted by the Montevallo Chamber of Commerce, the Montevallo Main Street honored the City of Montevallo Public Works Department with the Magic Maker Award in recognition of their invaluable collaboration and monumental contributions that enhance the beauty and vibrancy of downtown Montevallo.

During the award presentation Executive Director Courtney Bennett said, "We absolutely cannot do what we do without the help of our Public Works Department. Every day, they work hard all over the city, but we are especially grateful for their monumental contributions to downtown. From making sure Main Street is litter-free, to taking care of our landscaping, to installing our street pole banners and holiday decorations, to helping us set up for numerous special events, to cleaning up after storms and making infrastructure improvements, and to any of the other random things we need on a daily basis, we ask a lot of our Public Works employees and they always deliver. I and our Board of Directors and Committee Members are immensely grateful for everything they do."

Please be sure to tell our Public Works Department "thank you" when you see them out and about!

VOLUNTEER OF THE YEAR AWARD

"When the Shelby Emergency Assistance staff met to discuss who should be named volunteer of the year for the Montevallo Community Awards, there was one name that everyone agreed on wholeheartedly - Jim Hicks", commented Director Brooke McKinley. "Mr. Hicks has been a supporter of SEA for many years. He is a connector.



years. He is a connector. *Jim Hicks* When SEA moved into the building we're currently in in 2018, he helped us by securing office furniture and patio furniture for our outdoor space. He knows everyone, and he's not shy about connecting others to our mission, including recruiting board members, volunteers, or donors. He's always looking out for SEA and how others can help.

Jim is also compassionate. Every Christmas he picks up a truckload of poinsettias from Creekside Nursery. He stops by the SEA office and hand delivers them to each of our staff. He also delivers them to people throughout the community. In the past he has helped deliver food to those who weren't able to get to our office easily. Jim and his wife sponsor a family in need and provide toys and clothing to make sure they have a good Christmas morning.

He is a leader. Mr. Hicks served on our Board of Directors for several years. During his time as President he went out of his way to be a presence at SEA. When he was at the SEA office, he always stopped by each staff member's office to check in on how they were doing. He truly cares about relationships and was diligent about learning everything he could about the work SEA is doing and building relationships. Karen Pendleton said of him that "he has great judgment and could always be relied upon to give wise counsel when needed."

He goes above and beyond. Every week from April -October, and without asking or prompting or reminding and with very little fanfare, Mr. Hicks mows the yard at SEA. He does this because he truly cares about the work that SEA does. This contribution alone saves our agency countless dollars that we're able to reinvest into our programs.

He is truly deserving of this award and it is my honor to announce Jim Hicks as the SEA Volunteer of the Year for 2023."

PARTNER OF THE YEAR AND GOOD NEIGHBOR AWARD



(Itor) Aaron Mahaney, Mark Richard and Ronnie Holsombeck

At the Montevallo Community Awards on June 22, the University of Montevallo men's and women's swim team was honored with the Boys and Girls Club Partner of the Year award. Softball volunteer assistant coach Ronnie Holsombeck received the University of Montevallo Good Neighbor Award.

"The University of Montevallo men's and women's swim team received their award for always willing to lend a hand when the Montevallo Boys & Girls Club put on events, do fundraising of any kind, or whenever we need volunteers to help out. Without their willingness and assistance, the club would be unable to accomplish much of what we have been able to these past few years", commented Josh Weeks, Montevallo Boys & Girls Club Unit Director. "Thank you for everything you all have done for the club, we appreciate your kindness more than we could ever put into words."



Head Swim Coach, Aaron Mahaney, currently serves on the Board of the Boys and Girls Advisor Club. "This is a welldeserved award for our student-athletes," said Mahaney. "Since my first day on campus, community involvement has been an important pillar of our program and I am encouraged by our teams' willingness to get involved. We are thankful to receive this award for our program and excited to continue serving the Montevallo community."

"We want our student-athletes to find ways to be engaged in the Montevallo community and through Coach Mahaney's leadership, the men's and women's swimming teams have excelled at this," said Director of Athletics Mark Richard. "I am proud of their efforts with the Boys and Girls Club and am excited to see them continue to invest in the community going forward."

Ronnie Holsombeck was bestowed the University of Montevallo Good Neighbor Award. Holsombeck currently is the volunteer assistant coach for softball and he serves on the Hall of Fame committee.



CIVIC LEADER OF THE YEAR AWARD



(Itor) Ken Jones and Adele Nelson

Montevallo Community Awards emcee, Bill Lawson, started the presentation like this, "This year's Civic Leader of the Year has been in Montevallo for thirty years as manager of Regions Bank at the corner of Main Street and North Boundary.

Ken has been a longtime member of the Montevallo Rotary, on the Montevallo Main Street Board as the Economic Vitality Chair, and has been the Montevallo Christmas Parade line-up Director for-ever!

Ken shows civic responsibility by participating in the public life of the Montevallo community in an informed, committed, and constructive manner, with a focus on the common good. The proof that Ken has longevity in Montevallo civic service is that he received this same honor sixteen years ago. Wow, the first time in Montevallo Community Awards history!

The 2023 Montevallo Community Awards Civic Leader of the Year recipient is Ken Jones "

PATRON OF THE ARTS AWARD

At the Montevallo Community Awards on June 22, the Montevallo Arts Collaborative president, Melanie Poole presented the Patron of the Arts Award to Dr. Bobby Shunnarah, DMD.

Dr. Bobby, along with his Montevallo Family Dentistry staff, are huge supporters of the arts in Montevallo. Montevallo Family Dentistry has sponsored Montevallo ArtsFest for years now, along with so many other art events. Montevallo is honored and fortunate to have Dr. Bobby as part of our community.



(Itor) Dr. Bobby Shunnarah and Melanie Poole



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HOW TO MAKE YOUR FAMILY HATE CYCLING

I have always regarded bicycling as an enjoyable and healthy activity that brings families together, promotes mental and physical health, and allows for quick, low impact transportation. However, for those seeking an unconventional approach, we present this guide on how to make your family develop a hate for cycling. From being an overzealous coach and trainer to emphasizing the wrong aspects of cycling, we'll delve into various strategies to ensure your family develops a dislike for cycling.

Coach and Trainer - To make your family despise cycling, take on the role of an overbearing coach and trainer. Push them relentlessly, setting unreasonable goals, and criticizing their every move. Focus on any weakness and never let them forget their shortcomings. This way, they will associate cycling with stress and constant pressure, ultimately leading to a disdain for the activity.

Insist on Proper Saddle Height - One surefire way to make cycling uncomfortable and unenjoyable for your family is to insist on maintaining the perfect saddle height. [Note: a bike and horse rider both site in a saddle] Force them to endure endless adjustments, measuring, and tinkering with their bikes until they can't bear it anymore. Make them believe that if their saddle height is off even by a millimeter, they will develop chondromalacia (runner's knee) which will ruin their entire cycling experience.

Emphasize the Wonders of Drafting - While drafting can be an effective technique to reduce wind resistance and save energy, overemphasizing its benefits can sour your family's cycling experience. Make them ride scarily close to your rear wheel. Constantly remind them about the importance of drafting behind you at all times, making them feel like they're slowing you down if they don't adhere to your draft demands.

Buy Expensive Bikes - further discourage your family from enjoying cycling, by buying them outrageously expensive bikes without asking. Convince them that the more they spend on their equipment, the better their cycling experience will be. Constantly remind your loved ones how expensive they are. Subtly imply that their cheaper bikes are holding them back from truly appreciating the sport. Their guilt will undoubtedly become a fantastic motivator.

Buy Them All Poly Blend Clothing - Nothing says "uncomfortable cycling experience" like wearing scratchy, tight-fitting clothing. Everyone loves for someone else to choose their clothing so ensure your family hates cycling attire by purchasing them all spandex or poly blend clothing that traps heat, causes irritation, and leaves them feeling sweaty and uncomfortable during rides. Bonus points if you select garish colors that are impossible to coordinate with anything else in their wardrobe. **Purchase clipless pedals** – Change your family members' pedals to clipless (pedals that special shoes clip into) and purchase matching shoes for that "locked-in" feeling. These pedals require a specific technique to engage and disengage, and they will invariably lead to a series of comical falls and moments of embarrassment. Clipless pedals can make even the simplest of rides feel like an intimidating ordeal, swiftly eroding any love your family might have had for cycling.

Overdo It: Making your family hate bicycling requires excessive, non-stop training sessions. Sign-up your children for local youth races – live vicariously through your children. Believe that you are helping to promote a lifelong superiority in cardiovascular health. Pushing them beyond their physical limits is the key is to turn an enjoyable activity into a grueling is to live vicariously through your children.

While actually following these tips will increase the likelihood of your family abhorring bicycling, it's important to emphasize that cycling is a fantastic way to foster togetherness, promote open communication, and increase mental health. Bicycling can provide lasting memories, strengthen bonds, and improve physical well-being. So, instead of sabotaging the experience, consider embracing the positive aspects of cycling and encourage your family to explore the joys of this wonderful activity. ValloCycle is Alabama's oldest citywide bike share.

> For more information visit vallocycle.org or contact vallocycle@gmail.com



MILITARY MOMENT

Submitted by Traci Crenshaw, Director, UM Office of Veteran & Military Affairs



August is Anti-terrorism (AT) Awareness month and the Coast Guard celebrates their birthday on the 4th.

Army.mil states "Each year, the Army sets aside August to raise awareness of its ongoing efforts to protect Soldiers and their families, Department of the Army civilians and contractors from terrorist threats.

Here are a few things to always keep in mind:

1. *The threat is real.* "Our enemies never rest and continue to seek ways to attack our nation and destroy our way of life. AT month provides us an opportunity to contribute to the defense against terrorism and keep our families and communities safe through training and awareness," explained Col. Mike Blahovec, U.S. Army Training and Doctrine Command's protection director.

2. *Awareness is critical.* Knowledge is power, and just like in the National Football League, defense wins championships.

3. See something - Say something. Sometimes seemingly benign -- but odd -- situations can lead to terrible consequences, if they go unreported. The "See Something -- Say Something" motto has contributed to preventing planned



attacks. "We are all in this fight together," says Bill Moisant, TRADOC's G-34 protection chief. "Our Soldiers and their families know what they've signed up for, and they know the type of business we are in, but we can all help watch each other's back. AT Awareness Month focuses on training; this is critical in protecting our people and enabling our missions. Awareness is our most certain defense against an act of terrorism. If you see something - say something."

On a lighter note, the U.S. Coast Guard's birthday is August 4th. *Nationaltoday.com* says "Every year, August 4 is celebrated as the U.S. Coast Guard Birthday, commemorating the military organization for its valor and discipline. Since 1790, the U.S. Coast Guard has kept the nation's waterways safe, playing a critical role in national security."

The U.S. Coast Guard patrols our coasts for drug smugglers, human trafficking and both domestic and international terrorism. As the bad guys (and women) have gotten savvier with technology, the Coast Guard has developed sophisticated, effective technology to combat crimes on the water and at our ports. It's a 24/7 job. On this day, let's give the U.S. Coast Guard the love it deserves.



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"The Voice for Business & Community"

COMMUNITY CALENDAR

PLEASE CONTACT INDIVIDUAL ORGANIZATIONS FOR UPDATES. Thank You!

EVERY 2ND & 4TH MONDAY City Council Meeting, 6:00 p.m., City Hall, 5:30 p.m. Work Session

EVERY 2ND MONDAY MDCD Montevallo Development Cooperative District 1 p.m., Meets at City Hall

EVERY 2ND TUESDAY Historical Commission, 6:0 p.m., City Hall

EVERY TUESDAY Ladies Bible Study - Community Wide 10:00-11:00 am, Montevallo First Baptist Church Fellowship Hall

EVERY TUESDAY Montevallo Community Chorale 7:00 - 8:30pm, UM Davis Hall

EVERY WEDNESDAY-SATURDAY Aldrich Coal Mine Museum and Farrington Hall is OPEN from 10 a.m. until 4 pm

EVERY THURSDAY Rotary Meeting, noon, City Hall

EVERY 3RD THURSDAY Planning & Zoning Commission, 6 p.m., City Hall

EVERY 2ND WEDNESDAY Montevallo Water & Sewer Board Meeting, 9:00 a.m.

EVERY 3RD SATURDAY MORNING Clothes Giveaway, St. Andrews Episcopal Parish Hall 925 Plowman Street, Montevallo, 8 am-noon

Chamber Chatter is published monthly by the Montevallo Chamber of Commerce P.O. Box 270 Montevallo, AL 35115. The Chamber Chatter is free and disturbed to hundreds of locations each month. The Chamber reserves the right to restrict Chatter content. Advertising inquires may be made by emailing montevallochamber@gmail.com

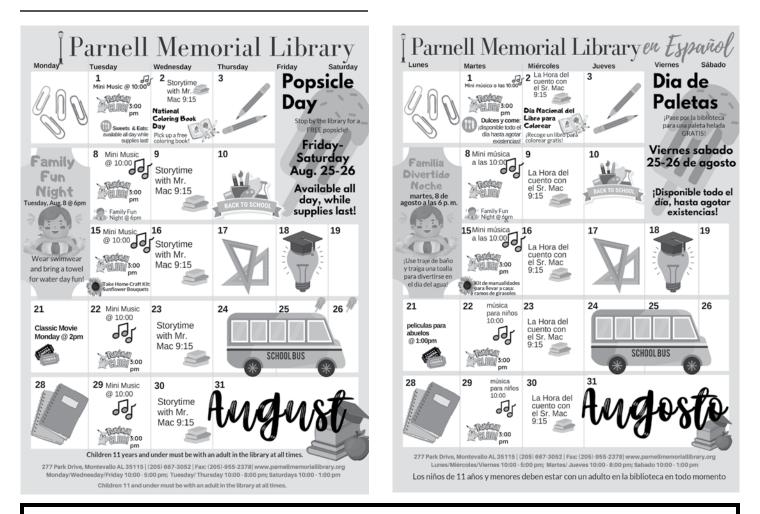


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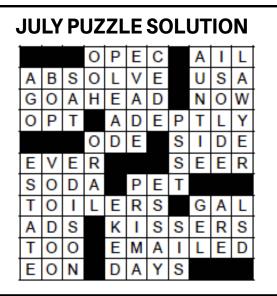


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CROSSWORD PUZZLE

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Created by Stefan Forrester





Ph. 205-665-2574 • Fax 205-665-0940 703 Main Street • Montevallo, Alabama 35115

Across

- 1. Fedora feature
- 5. Toffee-nose, e.g.
- 9. Recluse
- 11. It's active in Sicily
- **12.** Consumer Reports employee
- 14. Not those..._____
- 16. Pet with no home
- **17.** What you must do before you reap
- 19. Wander
- **20.** Event for potential buyers
- 23. Slender cut
- 24. Sound of savoring
- **25.** The Gem State
- 27. Romulus' brother
- 31. Mexican "sirs"
- **33.** *Bridges* (late 90s cop show)
- 34. See 10-Down
- 35. Cafeteria carrier

36. What it often does in a tiny globe?



Down

- 1. Diner order: Abbr.
- 2. Some deer
- 3. What 8-Down is

4. Greater Birmingham and Greater Atlanta, for example

- 5. Congeal
- 6. Degree in math?

7. "A Chorus Line" number

8. Member of the clarinet family

10. Plunder, like those from the 34-Across civilization

13. "The Catcher in the ____"

- 15. Manymillennia
- **18.** Childish question?

20. "In the ____ days..."

21. A Steinway and a Yamaha

- 22. Sharer's word
- **23.** Familymem.
- 26. '-ish' phrase

28. Deface

29. College in Mobile, for short

- 30. Introverted
- 32. Put in stitches





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